

# The Coronavirus Pandemic

Dragons Roost constantly seeks emerging information about the coronavirus outbreak, and is constantly evaluating best practices. The current mainstream public health response stems from a different public health paradigm than that of Dragons Roost, which is based on working with the body's natural healing system and methods, as well as honoring the planet's balancing systems, in a time where the human population is too great to be sustained. Dragons Roost honors all parts of our selves, and accepts death as a natural and even positive event, to be directed by our higher selves. (See "Self-Healing Paradigm" flyer for more detail.)

Our society is trying to chart a good course through this pandemic, and short of something being wrong in principle or practice, we comply with government suggestions and mandates.

Dragons Roost is mindful of the long-term effects of both the virus and our national response. Significant amounts of long-term damage are being done to the economy, to mental health, and to healthy development patterns forming in children and teens. DR considers a balanced approach to be essential: we are also responsible for our public health in the future, not just stopping a current pandemic. Our approach therefore is to avoid any activities or behaviors that carry a high risk of virus transmission; and equally important, to make certain that we continue to engage in low-risk activities that support communal health and well-being throughout this difficult time.

At Dragons Roost, masks are required for indoor spaces. We do as much as possible outdoors, and so long as people are allowing reasonable space, we consider it important to not require masks outdoors, so that there are still some places to see people's faces, and not have a mask between us. These practices will evolve based on emerging research.

DR supports societal policies based on freewill choice and natural consequences, rather than mandates that restrict freewill choice. For folks who feel strongly about neither wearing masks nor being careful, we would like to see them commit to that publicly, and waive the right to medical services if they get sick. As far as essential workers in general, if the government is serious about people staying out of high-risk environments, it needs to pay people to stay home. We are concerned about the virus toll on medical and public health staff, and encourage such workers to leave their jobs if the stress becomes too great. There is no reason healthcare workers should bear such a tremendous burden without government funds and policy backing them up.

Given how foolishly the human world continues to trash and abuse the planet, we expect waves of virus and natural disasters to continue, as the planet resorts to her own balancing systems to ensure her survival. We support this. For the human race to survive, the health of the planet is of paramount importance. We urge public health policy to be based in this greater reality, and head away from its current fixation on keeping every last person alive, sometimes well beyond their capacity for a quality life. Love and compassion must embrace all life forms, not just our own.

*These views are held by Dragons Roost founder and owner, Joanna Juzwik, and may not reflect the views of every member. And that's okay: diversity of ideas challenges us to learn and constantly evolve.*